**October 2020 Community Newsletter Content**

**Personal Safety While Driving**

A message from the Federation of Calgary Communities



1. **Before driving your car:**

* Be sure your car is in good running condition by having regular maintenance.
* Have your door and ignition keys ready when you get close to your vehicle.
* Look behind the front seat before getting in to make sure no one is hidden on the floor waiting for you.
* Right after you get in, lock all the doors and roll up the windows.
* Keep your valuables out of sight, not on the seat next to you.

1. **Try to always be aware of your exact location.**
2. **Travel with a cell phone or coins for an emergency phone call.**
3. **Never pick up hitchhikers.**
4. **If your car breaks down in an isolated area:**

* Raise the hood.
* Sit inside the car with the doors locked until help arrives.
* Leave the windows up while you talk to whoever comes near. It may be safer to stay in your car than to go with strangers to get help.
* If someone comes up to your car and you do not have a cell phone, ask them to phone the police or a tow truck, etc. and wait in your car.
* Remember that highways are frequently patrolled.

1. **If you think you are being followed by a person in another car:**

* Do not go home.
* Drive to the nearest police station or open business. If you have a cell phone call 911.
* Do not allow another car to force you to the side of the road.
* Use your horn to get attention and call for help.
* If possible, get the license number and write it down.

1. **When you arrive at your destination:**

* Park in a well-lit spot as near as possible to your destination.
* Look around for people before leaving your car.
* If you must leave your key in the vehicle when parking in an attended lot, remove it from the key ring and take all other keys with you.
* Keep the registration and insurance information with you.
* Lock your car.

**City of Calgary Content**

The October 2020 community newsletter content has been posted at: <https://www.calgary.ca/cfod/csc/community-newsletter-content.html>

This month’s topics are:

* The Flu vs COVID-19
* Preparing your home and yard for winter: Fall Checklist
* Eau Claire Improvements Program: Virtual information session