

## Westhills DFC Community Champions and updates!

**Memory Cafes** or **Conversation Cafes** – offer a safe, friendly, warm atmosphere where everyone is welcome including people impacted by dementia; **these continue to run at the following locations by dedicated individuals and volunteers!**

- **Conversation Café** – Location: The Legion, 1918 Kensington Road NW  
Jun 12<sup>th</sup>, July 10<sup>th</sup>, 2:00-4:00pm
- **Memory Café** – Location: First Lutheran Church, 7102 14<sup>th</sup> Ave SW  
Every first and third Wednesday of the month, 1:00-3:00pm
- **Memory Café** – Location: Strathcona Good Earth, 430-555 Strathcona Blvd SW,  
Every Monday, 5:00-7:00pm

**Rundle College** – the intergenerational program continues to flourish with the students sharing their experiences of working with residents and members of the Adult Day Program at Wentworth Manor through a showcase event in April! *See photos below.*

**Calgary Fire Department** – online dementia awareness training has been received by 1400 CFD staff

**ATB Bank, Signal Hill branch** – staff have received dementia awareness training

**The Kerby Centre** – 26 members of staff have received dementia awareness training

### Westhills Dementia Friendly Community Volunteer Opportunities -

A number of opportunities to volunteer in the Westhills Dementia Friendly Community are available through AHS Volunteer Services and the Calgary Seniors Resource Society!

**AHS** – For Assisted Shopping, Escorted Transportation and Friendly visiting opportunities, contact: <http://bit.ly/AHSHomeCareVolunteerOpportunities>

**Or:**

**Calgary Seniors Resource Society** – For Dementia Awareness Trainer, Dementia Friend, Raising Public Awareness of Dementia Friendly Communities, Memory Café Facilitator, Memory Café Coordinator, DFC Booth Facilitator, DFC Poster/Leaflet Distributor opportunities contact: [info@calgaryseniors.org](mailto:info@calgaryseniors.org)

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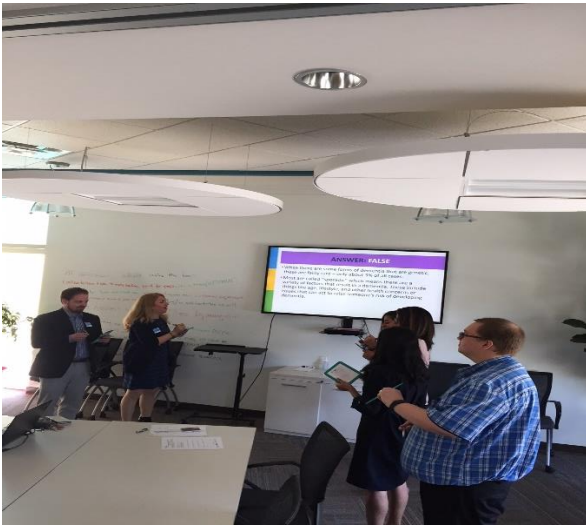


Rundle College Dementia Friendly Communities Partnership Showcase Event

Bev Ross, a teacher at Rundle College comments on the impact of the Westhills Dementia Friendly Community on her students:

*“Once the students get excited about it, parents get excited about and once parents get excited about it, their businesses might get excited about it”.*

*“it’s all about awareness and overcoming the stigma, because there are more people with dementia every day that we run into and might not even realize it”*



Dementia Awareness Training, ATB Signal Hill



Dementia Awareness Training, The Kerby Centre

Funding support for this project made possible by:



Dementia Awareness Training for Volunteers, Signal Hill Library

For more information on dementia awareness community events, please use the links below:

- [www.thebsf.ca/about-the-foundation/events.html](http://www.thebsf.ca/about-the-foundation/events.html)
- [www.dementianetworkcalgary.ca/events/](http://www.dementianetworkcalgary.ca/events/)

If you have any further queries, please contact Emma Richardson, Calgary Westhills Dementia Friendly Communities Coordinator, email: [emma.richardson@theBSF.ca](mailto:emma.richardson@theBSF.ca) or cell: 403 918 5376

Visit: [www.thebsf.ca/dementia-friendly-communities.html](http://www.thebsf.ca/dementia-friendly-communities.html)

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