

Dementia Friendly Communities Calgary Westhills Update and Upcoming Event Reminders!

Memory Cafes or Conversation Cafes – offer a safe, friendly, warm atmosphere where everyone is welcome including people impacted by dementia.

- **Conversation Café** – Location: The Legion, 1918 Kensington Road NW
Apr 10th, May 8th, Jun 12th, July 10th, 2:00-4:00pm
- **Memory Café** – Location: First Lutheran Church, 7102 14th Ave SW
Every first and third Wednesday of the month, 1:00-3:00pm
- **Memory Café** – Location: Good Earth, 430-555 Strathcona Blvd SW,
Every Monday, 5:00-7:00pm

Rundle College Dementia Friendly Communities Partnership Showcase – This event will offer free dementia awareness training, a chance to see the intergenerational work being carried out within the project and enjoy a beverage at the Memory Café!

When: Tuesday April 17th 2018
Where: Rundle College, Conklin School Auxiliary Gym, 7375, 17th Ave SW Calgary
Time: 4:00-5:30pm

Free Dementia Awareness Training Event – for those who would like to volunteer within the Dementia Friendly Communities Proof of Concept Project or have an interest in how to support others who may have dementia in the community on. This training will help you understand dementia, outline many of the myths around dementia, provide advice on how to interact with someone who may have dementia and tips on risk reduction. In addition, the training will cover the available resources in your Calgary Westhills Dementia Friendly Community.

When: Wednesday April 25th
Where: Signal Hill Library
Time: 6:30-8:00pm
Register: www.calgarylibrary.ca or call (Signal Hill Library): 403 260 2620

For more information on dementia awareness community events, please use the links below:

- www.thebsf.ca/about-the-foundation/events.html
- www.dementianetworkcalgary.ca/events/

If you have any further queries, please contact Emma Richardson, Calgary Westhills Dementia Friendly Communities Coordinator, email: emma.richardson@theBSF.ca or cell: 403 918 5376

Visit: www.thebsf.ca/dementia-friendly-communities.html

Funding support for this project made possible by:

Trailblazer Businesses/Organizations Trained in Dementia Awareness within the Calgary Westhills Dementia Friendly Community and beyond the pilot area!

ATB Bank | Bow Valley College | Calgary Fire Department | First Lutheran Church |
Rundle College | Signature Drug Store | Strathcona Good Earth



Cognitive impairment simulation as part of Dementia Awareness training at First Lutheran Church



Dementia Awareness training at Strathcona Good Earth



Dementia Awareness training at Calgary Fire Station 29

The Calgary Fire Department is working with The Brenda Stafford Foundation to provide front-line dementia training to first responders in an innovative partnership established through the Dementia Friendly Communities initiative.

"The training helps firefighters develop awareness of what life is like with dementia through experiential learning. It helps participants develop new skills to support people with dementia more effectively so that firefighters can better support our city's vulnerable populations."

- Derek Arthurs, Community Safety Officer, Calgary Fire Department

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