

# Tip Sheet for Maintaining Physical Distancing At Food Distribution Depots

All food distribution sites must adhere to the following AHS recommendations:

Physical Distancing

<https://www.albertahealthservices.ca/topics/Page16997.aspx#social>

Cleaning

<https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-covid-19-environmental-cleaning-public-facilities.pdf>

- ❖ Volunteers should wear gloves and masks at all times and maintain a distance of six feet
- ❖ For people coming in vehicles, have them remain in the car and communicate with the volunteer through the car window at a distance of 6 feet and then load the boxes into the trunk. Food boxes can be heavy so volunteers should be physically able to lift these safely.
- ❖ For people coming by foot, stagger the time they come to pick up their food box to prevent a large number of people arriving at the same time. If staggered times do not work, then a volunteer should be assigned to ensuring that people maintain physical distance during pick up. Tape arrows and X's on the floor to indicate where to stand can help with this.
- ❖ If the weather is nice, consider keeping food boxes that don't require refrigeration (like the Good Food Box or dry good hampers) outside in the parking lot for easier distribution. Volunteers will still need access to the building for the washroom and in case the weather turns (it is Calgary!).



- ❖ The number of volunteers needed depends on how many food boxes will be distributed during the time the depot is open. To keep the number of volunteers to a minimum, consider having a longer time frame for pick up when you have a large number of food boxes. This will help to reduce the need to respond to a large volume of people.
- ❖ Have extra volunteers? Consider delivering the food boxes!