



Cliff Bungalow - Mission Community Association

Food Delivery Protocols v1.0

23 March 2020

Volunteer Restrictions

- Please avoid volunteer activities if you travelled internationally in the past month or have been exposed to a case of COVID-19 within the last 14 days.
- Please cease volunteer activities if you are experiencing any of the below symptoms:
 - Feeling tired
 - Difficulty breathing
 - A high temperature
 - A cough and/or sore throat

Delivery Protocols

For the health, safety, and protection of volunteers and community residents, the CBMCA At-Risk Supports Initiative will follow strict protocols:

- All food delivery volunteers must work in twos, no exceptions.
- All delivery partners must be a currently cohabitating pair, such as roommates, spouses, or family members to eliminate potential for cross infection.
- Nylon, Latex, or Nitrile protective gloves are to be worn when picking up, transporting, and dropping off food.
- Food should be picked up with a minimum duration in the store/restaurant, at a safe distance from staff, and wearing gloves.
- Whether walking or driving, take your time and stay safe. Do not rush. If deliveries are piling up, contact your volunteer coordinator or the board VP.
- Do not enter a community resident's home under any circumstances.
- Drop food on the porch or by the door, knock, then back away to greater than six feet and wait to ensure the delivery is received.
- In the event of an emergency, call 911, or for non-emergent problems call your volunteer coordinator or the board VP.

COVID-19 Infection Prevention

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then immediately throw the tissue in the garbage, and wash your hands.
- If you don't have a tissue, sneeze or cough into your sleeve or arm.
- Clean and disinfect frequently touched objects and surfaces.