

Westhills Dementia Friendly Community updates!

Memory Cafes or Conversation Cafes – We are extremely grateful to our volunteer Memory Café Facilitators who have generously given their time to running the **Strathcona Good Earth Memory café** for the past few months on a weekly basis. As participation has been low, we have decided to continue community outreach in a different way through hosting a Dementia Friendly Communities (DFC) Business Coffee Cluster event which will take place at the venue of one of our partner organizations – **ATB at Signal Hill in August**. It will be an opportunity for businesses to find out more about what a Dementia Friendly Community means to them and an opportunity to receive dementia awareness training and potentially sign up their staff to receive training. **Please note the last date of the Memory Café at Strathcona Good Earth will be Monday June 18th, 5 – 7pm.**

Please note, the Memory Cafe, now renamed "Conversation Cafe", hosted by the First Lutheran Church will continue to be run by our dedicated volunteers on the first and third Wednesday of each month. Everyone is welcome including people impacted by dementia.

Rundle College intergenerational program continues to be a success with the students putting on a Seniors' Tea at Rundle College! Wentworth Manor residents enjoyed a fun afternoon with conversation and music provided by the students (*see photos below*).

At Wentworth Manor an Opening Minds Through Art (OMA) Art Show and Silent Auction event was held to showcase the art work which the residents have been doing with students from Rundle College. (*see photo below*)

ATB Bank, West Springs branch – Congratulations on becoming a Dementia Friendly Business! An integrated DFC checklist was recently carried out with ATB and all areas were deemed to be dementia friendly!

Westhills Dementia Friendly Community Volunteer Opportunities -

A number of opportunities to volunteer in the Westhills Dementia Friendly Community are available through AHS Volunteer Services and the Calgary Seniors Resource Society!

AHS – For Assisted Shopping, Escorted Transportation and Friendly visiting opportunities, contact: <http://bit.ly/AHSHomeCareVolunteerOpportunities>

Or:

Calgary Seniors Resource Society – For Dementia Awareness Trainer, Dementia Friend, Raising Public Awareness of Dementia Friendly Communities, Memory Café Facilitator, Memory Café Coordinator, DFC Booth Facilitator, DFC Poster/Leaflet Distributor opportunities contact: info@calgaryseniors.org

Funding support for this project made possible by:



Rundle College Seniors' Tea 2018



Opening Minds Through Art (OMA) Art Show and Silent Auction 2018

Funding support for this project made possible by:

For more information on dementia awareness community events, please use the links below:

- www.thebsf.ca/about-the-foundation/events.html
- www.dementianetworkcalgary.ca/events/

If you have any further queries, please contact Emma Richardson, Calgary Westhills Dementia Friendly Communities Coordinator, email: emma.richardson@theBSF.ca or cell: 403 918 5376

Visit: www.thebsf.ca/dementia-friendly-communities.html

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