

# Experiencing Homelessness in Calgary

## Facts

- **3,533** Calgarians as homeless in 2015.
- **58,000** Calgarians are one pay cheque - of one crisis - away from homelessness.

## Indigenous People

Due to past intergenerational trauma and poor living conditions, Indigenous folk make 21% of the homeless population.

They're over represented.

## Types of Experiences

Transitional:

Emergency shelter for less than a month (82%).

Episodic:

In and out of experiencing homelessness (15%).

Chronic:

Having lived in a shelter for more than 5 years (2%).

## Misconceptions

**"Homeless don't have jobs..."**

- Truth: 50% of Calgary's homeless have employment.

**"They're all drug addicts.."**

- Truth: 2 in 5 homeless people are drug users.

**"Being homeless is a choice.. "**

- Truth: Past trauma is the highest contributor to experiencing homelessness. Trauma can cause addiction and or mental health that can lead to experiencing homelessness.

## Poverty of Relationship?

**For many Calgarians who experience hard times, lack of meaningful and supportive relationships, can lead to homelessness.**

## Resources

[Calgary Drop-In & Rehab Centre](#) (24 hr shelter)

[Calgary Alpha House Society](#) (24 hr shelter)

[Inn from the Cold](#) (Shelter for families)

[SORCe](#) - Resource Centre

[DOAP Team](#) - Outreach Program

[Safeworks](#) - Alberta Health Services



Thanks to the [Calgary Drop-In](#) for the valuable content.